

**WE CAN HELP  
YOU!**

Text "THRIVE" to  
**+1.313.662.8209**

"Thanks you saved my life tonight! I didn't think anyone would understand let alone care but you did both! Thank you so much for existing and doing what you do. You are making a difference in lives and I know mine has been not only impacted but saved."

"Thank you for listening and being open to supporting me. I appreciate it. It's helpful just to be listened to."



**VOLUNTEER**

**OPPORTUNITIES**

- Crisis Responders
- Volunteer Recruiters
- Training Assistants
- Social Media Coordinator
- Social Media Team Members
- Donor Relations/Fundraising

"Lack of equitable access to mental health support for our communities makes me angry, and this was a constructive way to channel that anger. I wanted to help be the change I wanted to see in the world"

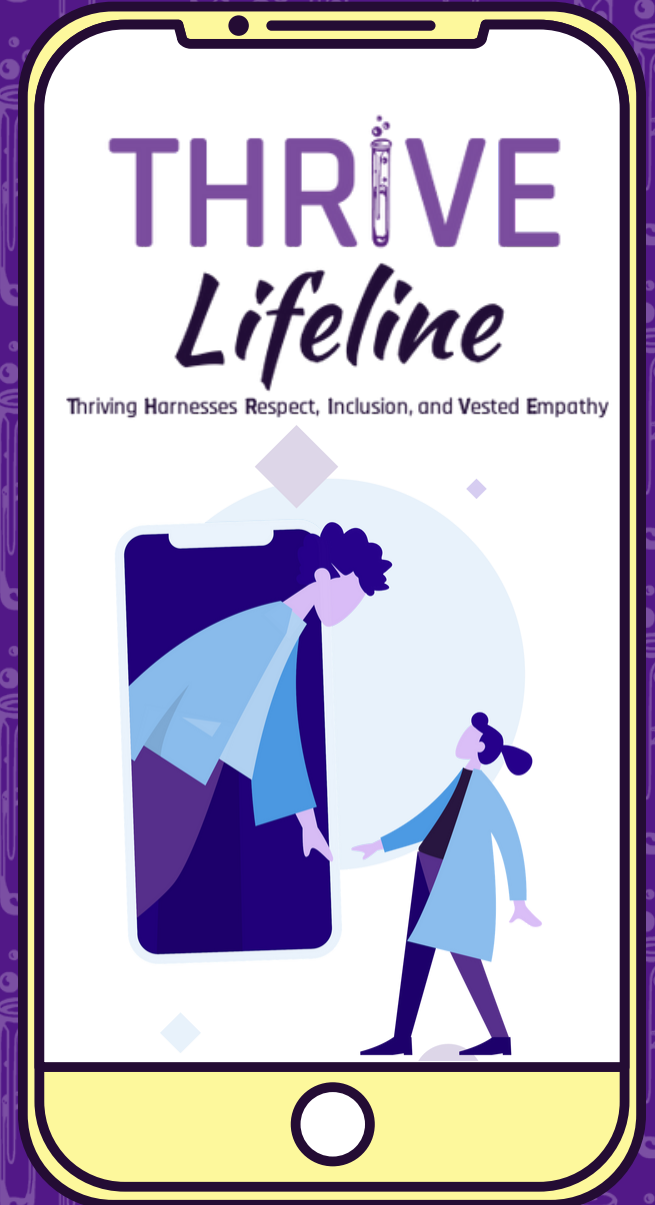


**Emmy (they/them)**

Visit our website for detailed descriptions



@THRIVELifeline  
thrivelifeline.org  
info@thrivelifeline.org



**NEED**

**SUPPORT?**

Safe nonjudgemental  
space to connect

Community resources  
and support spaces

Acute crisis support and  
identity-based convos

100% anonymous and  
confidential

Free Support Available  
**24/7/365**

# Our Team

OUR BACKGROUNDS AND IDENTITIES INCLUDE:

- Suicide survivors
- Neurodiverse
- LGBTQ2S+
- BIPOC / AAPI / Latinx
- Mental health / disabilities
- First generation students
- Multiply marginalized
- Familial rejection
- Immigration
- Food / housing insecurity
- Losing loved ones to suicide
- Navigating accommodations
- Medical transitions
- Lacking access to education

**THRIVE Lifeline** is a **text-based crisis hotline** run by qualified volunteer suicide interventionists who identify as **marginalized individuals**.

Our **proprietary training** curriculum centers on cross-identity care, whole-human support, and **trauma-informed crisis response**.

**70+ volunteers**

providing life-  
saving and life-  
affirming support

